



Press Conference, Steps of Congress, Washington, DC

Photo by Chip Somodevilla

## Spark Your Fire: Ignite Your Mindset To Be Unstoppable & Create Powerful Change

Today it's so easy to get stuck in the loop of negativity and constantly feeling like there's no light at the end of the tunnel or it's just another day to get through.

People believe there is no way to live a life of limitless possibilities after a traumatic life-altering event. There is a light at the end of the tunnel, and it sparkles!

Tia is a former perfectionist and negative thinker who not only survived the Las Vegas mass shooting and kicked breast cancer in the butt, she is thriving in life and on fire crafting a resilient, trauma-free dynasty!

**This talk is perfect for high school and college students, as well as women's groups, corporate executives, CEO's and entrepreneurs.**

# Tia Christiansen

Motivational Speaker, Coach,  
and Healer

## SPARK YOUR FIRE

Ignite Your Mindset to Be Unstoppable &  
Create Powerful Change

## DURING THIS KEYNOTE AUDIENCES WILL...

- ✓ Discover Their Sparkling Future Starts with an Inspired Mindset
- ✓ Learn What Steps to Take to Manage Anxiety & Stress
- ✓ Have the Ability to Make Decisions with Unshakable Confidence
- ✓ Prioritize Their Mental Health in the Workplace & at Home
- ✓ Craft Their Trauma Free-Dynasty

+1 (646) 870-6530

tia@dreamsculptinginstitute.com

www.dreamsculptinginstitute.com

Facebook | @tia.christiansen.1

Instagram | @dreamsculptinginst

YouTube | @TiaChristiansen

## SHORT BIO

Meet Tia Christiansen, a remarkable individual who has defied the odds, triumphed over unimaginable challenges, and emerged as an extraordinary force of transformation. As a trauma informed speaker, Energy Empowerment coach, survivor of the Las Vegas mass shooting, and conqueror of cancer, Tia embodies resilience, courage, and an unwavering commitment to helping others rise above their traumas.

With an eye-catching biography that tells a compelling story of personal triumph, Tia draws from a unique well of experience, making her the perfect speaker to inspire audiences so they can **Spark Their Fire** by igniting their mindset to be unstoppable and create powerful change.

Having personally faced and overcome the darkest of moments, Tia understands the profound impact that trauma can have on one's life, and she is passionately dedicated to empowering others to reclaim their power and rewrite their narratives.



Please feel free to reach out with any questions & I look forward to connecting!

## TIA IN THE MEDIA

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# Get in Touch!

 [tia@dreamsculptinginstitute.com](mailto:tia@dreamsculptinginstitute.com)

 [www.dreamsculptinginstitute.com](http://www.dreamsculptinginstitute.com)

 +1 (646) 876.6530